

**21st Altamont 5K Run/Walk**  
**Crupe Bozenkill Park**  
**Altamont, NY**  
**Saturday, August 25, 2018**

**Final leg of the Hilltown Triple Crown 5K Challenge**  
**Including HTC Final point totals**

*Timing by White Knight Timing & Race Management*

**Overall**

Pl	Comp#	Name	Sex/Age	City/State	Time
1	968	Miedema, Chris	M27	Berne, NY	16:03
2	1333	Lindenauer, Jon	M30	Albany, NY	16:17
3	1000	Terry, Chuck	M36	Albany, NY	17:01
4	963	Major, Aaron	M39	Pattersonville, NY	17:39
5	1304	Webster, Ray	M43	Altamont, NY	17:54
6	1354	Greenberg, Ben	M49	Slingerlands, NY	18:15
7	1331	LeClair, Kolby	M16	Altamont, NY	18:51
8	982	Pris, Andy	M42	Altamont, NY	18:55
9	957	Koenitzer, Erik	M41	Delanson, NY	19:07
10	966	McCann, Ryan	M43	Albany, NY	19:17
11	933	Gardner, Brandon	M13	Oneonta, NY	19:44
12	995	Skultety, Grace	W14	Delmar, NY	20:38
13	1360	Carlsen, Zian	M19	South Cairo, NY	20:45
14	1350	Weilbaker, Jon	M60	Saratoga Springs, NY	21:31
15	977	O'Brien, Michael	M32	Delmar, NY	21:46
16	986	Puzulis, Michelle	W14	East Berne, NY	22:08
17	1334	Longhi, Gary	M54	Albany, NY	22:12
18	1336	Murphy, Erin	W38	Albany, NY	22:36
19	935	Gifford, Milo	M41	Gloversville, NY	22:55
20	1324	Denham, Dr Tom	M51	Delmar, NY	23:06
21	906	Berger, Adam	M42	Troy, NY	23:12
22	1327	Harder, Sarah	W26	Albany, NY	23:18
23	972	Natalie, Christine	W32	Arlington, VT	23:44
24	924	Depeaux, Jenna	W33	Niskayuna, NY	23:56
25	978	Pasquariello, Julius	M58	Rotterdam, NY	24:17
26	916	Chromczak, Jackie	W30	Rensselaer, NY	24:22
27	954	Kiser, Danielle	W23	Halfmoon, NY	24:44
28	965	Mayer, Andrew	M32	Ghent, NY	24:46
29	934	Gifford, Katie	W37	Gloversville, NY	24:49
30	969	Miller, Donald	M63	Voorheesville, NY	25:00
31	997	Smith, Richard	M60	Charlton, NY	25:06
32	967	Meany, Kathleen	W62	Altamont, NY	25:08
33	903	Anderson, Lauren	W36	Altamont, NY	25:16
34	921	Dashnaw, Jeffrey	M32	Hadley, NY	25:28
35	941	Hilliard, Jordan	W28	Ravena, NY	25:29
36	912	Callahan, Karin	W52	Guilderland, NY	25:31
37	975	Novakowski, Molly	W29	East Greenbush, NY	25:48
38	1329	Janack, Steve	M55	Glenville, NY	26:18
39	985	Pris, Tom	M14	Altamont, NY	26:21
40	1313	Yankowski, Christopher	M25	Schenectady, NY	26:24
41	1311	Wood, Randy	M34	Middleburgh, NY	26:24
42	908	Bonitatibus, Corine	W42	Schenectady, NY	26:25
43	1356	Tworek, Ashley	W35	League City, TX	26:53
44	1306	Weingarten, Bill	M53	Warnerville, NY	26:56
45	987	Quilop Locke, Olie	W46	Whitehall, NY	26:58

46	976	Oakden, Maria	W36	Broadalbin, NY	27:00
47	1347	Welch, Steven	M58	Slingerlands, NY	27:04
48	1353	DiPierro, Leo	M68	Cherry Plain, NY	27:07
49	928	Fairbairn, Gary	M55	Summit, NY	27:14
50	907	Berger, Pamela	W11	Troy, NY	27:36
51	1319	Knaggs, Maddie	W13	Altamont, NY	27:43
52	953	Kelsey, W Daniel	M46	Averill Park, NY	27:49
53	927	Fairbairn, Gail	W52	Summit, NY	27:50
54	1314	Yankowski, Matthew	M22	Schenectady, NY	27:57
55	1305	Weingarten, Abigail	W24	Warnerville, NY	27:59
56	909	Briody, James	M18	Cairo, NY	28:07
57	1302	Wachtel, Cassidy	W24	Clifton Park, NY	28:20
58	918	Comithier, Lara	W51	Greenville, NY	28:27
59	1351	Reynolds, Rich	M67	Voorheesville, NY	28:43
60	1358	Allen, Amanda	W36	Altamont, NY	28:50
61	1301	Tumidajewicz, Chester	M64	Amsterdam, NY	28:55
62	1335	Lustenhouwer, Donna	W64	Altamont, NY	28:59
63	950	Kaye, Marie	W63	Altamont, NY	29:03
64	1326	Gyurovits, Tim	M47	Voorheesville, NY	29:05
65	992	Sheehan, Colleen	W53	Cobleskill, NY	29:19
66	1349	Gles, Mike	M70	Voorheesville, NY	29:21
67	971	Moore, Jim	M78	Niskayuna, NY	29:25
68	902	Ambrosio, Katherine	W68	Delmar, NY	29:28
69	1312	Yankowski, Catherine	W52	Schenectady, NY	29:46
70	983	Pris, Lexi	W13	Altamont, NY	29:54
71	1307	Weingarten, Jennifer	W19	Warnerville, NY	29:59
72	1322	Alan, Jeff	M41	Albany, NY	30:01
73	973	Nemier, Anna	W26	Voorheesville, NY	30:02
74	929	Fanning, Jane	W11	East Berne, NY	30:10
75	962	LoBalbo, Luciano	M12	Delanson, NY	30:16
76	914	Capuano, Thomas	M65	Altamont, NY	30:40
77	910	Bruno, Jessica	W42	Jacksonville, VT	30:41
78	996	Slezak, Emma	W25	Clifton Park, NY	30:44
79	964	Maloney, Jayne	W50	Delmar, NY	30:45
80	1328	Janack, Margo	W56	Glenville, NY	30:53
81	930	Fanning, Molly	W42	East Berne, NY	30:56
82	944	Hull, Cathleen	W47	East Berne, NY	31:00
83	922	Della Rocco, Nicole	W43	Athens, NY	31:03
84	981	Prew, Richard	M48	Fultonville, NY	31:13
85	1325	Dube, Cheryl	W59	Altamont, NY	31:21
86	989	Roosa, Darwin	M68	Altamont, NY	31:31
87	955	Kish, Jennifer	W44	Albany, NY	31:42
88	991	Schel, Kristen	W44	Coblerskill, NY	32:06
89	958	Kutil, Adrienne	W31	Glenville, NY	32:13
90	1343	Steimel, Carna	W29	Voorheesville, NY	32:16
91	1309	Weingarten, Olivia	W16	Warnerville, NY	32:17
92	961	LoBalbo, Greg	M45	Delanson, NY	32:38
93	1321	Weiss, Sidney	W13	Schenectady, NY	32:41
94	942	Hotaling, Jim	M78	Valatie, NY	33:35
95	993	Simpson, Olivia	W15	Altamont, NY	33:50
96	945	Jaskolka, Jennifer	W45	Ravena, NY	33:59
97	956	Klim, Susan	W63	Altamont, NY	34:11
98	984	Pris, Suzanne	W42	Altamont, NY	34:46
99	936	Gregory, Jenann	W50	Albany, NY	35:05
100	1348	Zusman, Brian	M40	Altamont, NY	35:13
101	988	Renea, Tania	W51	Altamont, NY	35:25
102	949	June, Audry	W51	Coeymans, NY	35:38
103	1339	Panetta, Charlotte	W9	Saratoga Springs, NY	35:53
104	1338	Panetta, Ann	W40	Saratoga Springs, NY	35:53
105	920	Coryell, Barbara	W51	Ravena, NY	36:07
106	1352	DiPierro, Josh	M43	Cherry Plain, NY	36:32
107	940	Hein, Joseph	M68	Altamont, NY	36:43
108	1303	Wagoner, Meredith	W38	Selkirk, NY	37:00
109	1337	Newell, John Jr	M65	Amsterdam, NY	37:29
110	970	Miller, Robert	M77	Preston Hollow, NY	37:59

111	915	Carpenter, Alice	W68	Delmar, NY	38:12
112	1315	Sheedan, Cathy	W58	Cohoes, NY	38:13
113	1323	Ata, Ashar	M42	Cohoes, NY	38:19
114	1355	Shore, Dan	M59	Rockale Falls, NY	38:23
115	939	Hardymon, Meghann	W36	Berne, NY	38:28
116	901	Abraham, Ashley	W38	Berne, NY	38:30
117	1316	Baker, Kevin	M49	Glenmont, NY	39:01
118	1342	Rosenberg, Maxine	W34	Schenectady, NY	39:43
119	913	Capece, Denise	W50	Colonie, NY	39:59
120	1318	Knaggs, Katie	W39	Altamont, NY	40:08
121	1330	Kamp, Ashley	W27	Cobleskill, NY	40:40
122	998	Strobeck, Thomas	M69	Catskill, NY	41:29
123	1346	Vavasour, John	M69	Albany, NY	41:58
124	1332	Lee, Raymond	M76	Halfmoon, NY	42:49
125	923	Della Rocco, Tony	M34	Saratoga Springs, NY	43:44
126	938	Gundlach, Eileen	W81	Howes Cave, NY	43:55
127	1320	Sullivan, Mya	W37	Altamont, NY	44:03
128	946	Johnston, Nancy	W72	Ballston Lake, NY	44:07
129	959	Kutil, Elliot	M32	Schenectady, NY	45:03
130	917	Coffin, Hannah	W24	Glenville, NY	45:05
131	948	Joslin Jr, Andrew	M12	Westerlo, NY	46:09
132	947	Joslin, Andrew	M45	Westerlo, NY	46:09
133	1340	Panetta, Sophia	W11	Saratoga Springs, NY	47:01
134	1317	Keating, Annabelle	W8	Glenville, NY	47:21
135	951	Keating, Lisa	W40	Glenville, NY	47:27
136	1345	Torgersen, Jennifer	W42	Albany, NY	48:57
137	1359	D'Alessandro, Jacquelyn	W32	Berne, NY	51:43

### Walk

Pl	Comp#	Name	Sex/Age	City/State	Time
1	1002	Pheiffer, Fred	M77	Greenwich, NY	46:11
2	1003	Ota, Nancy	W64	Altamont, NY	52:28
3	1011	Casey, Kristin	W68	Altamont, NY	52:29
4	1015	Strong, Pat	W63	Kingston, NY	52:30
5	1004	Wilson, Kirby	W70	Altamont, NY	52:48
6	1001	Shore, Laura	W63	Altamont, NY	52:49
7	1013	Fake, Gilda	W66	Castleton, NY	53:00
8	1005	Minkler, Amy	W62	Castleton, NY	53:00
9	1007	Kass, Eric	M71	Delanson, NY	56:07
10	1010	Joslin, Lisa	W44	Westerlo, NY	57:50
11	1008	Kass, Lauren	W58	Delanson, NY	57:52

### Age Groups

Name	Age Team	Finals
Overall Results Women 5000 Run		
1 Skultety, Grace	W14 Delmar, NY	20:38
2 Puzulis, Michelle	W14 East Berne, NY	22:08
3 Murphy, Erin	W38 Albany, NY	22:36
Overall Results Men 5000 Run		
1 Miedema, Chris	M27 Berne, NY	16:03
2 Lindenauer, Jon	M30 Albany, NY	16:17
3 Terry, Chuck	M36 Albany, NY	17:01

## Women

### 1-12 Results

1	Berger, Pamela	W11 Troy, NY	27:36
2	Fanning, Jane	W11 East Berne, NY	30:10
3	Panetta, Charlotte	W9 Unattached	35:53
4	Panetta, Sophia	W11 Unattached	47:01
5	Keating, Annabelle	W8 Glenville, NY	47:21

### 13-16 Results

1	Knaggs, Maddie	W13 Altamont, NY	27:43
2	Pris, Lexi	W13 Altamont, NY	29:54
3	Weingarten, Olivia	W16 Warnerville, NY	32:17
4	Weiss, Sidney	W13 Schenectady, NY	32:41
5	Simpson, Olivia	W15 Altamont, NY	33:50

### 17-19 Results

1	Weingarten, Jennifer	W19 Warnerville, NY	29:59
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### 20-24 Results

1	Kiser, Danielle	W23 Halfmoon, NY	24:44
2	Weingarten, Abigail	W24 Warnerville, NY	27:59
3	Wachtel, Cassidy	W24 Clifton Park, NY	28:20
4	Coffin, Hannah	W24 Glenville, NY	45:05

### 25-29 Results

1	Harder, Sarah	W26 Albany, NY	23:18
2	Hilliard, Jordan	W28 Ravena, NY	25:29
3	Novakowski, Molly	W29 East Greenbush, NY	25:48
4	Nemier, Anna	W26 Voorheesville, NY	30:02
5	Slezak, Emma	W25 Clifton Park, NY	30:44
6	Steimel, Carna	W29 Voorheesville, NY	32:16
7	Kamp, Ashley	W27 Cobleskill, NY	40:40

### 30-34 Results

1	Natalie, Christine	W32 Arlington, VT	23:44
2	Depeaux, Jenna	W33 Niskayuna, NY	23:56
3	Chromczak, Jackie	W30 Rensselaer, NY	24:22
4	Kutil, Adrienne	W31 Glenville, NY	32:13
5	Rosenberg, Maxine	W34 Schenectady, NY	39:43
6	D'Alessandro, Jacquelyn	W32 Berne, NY	51:43

### 35-39 Results

1	Gifford, Katie	W37 Gloversville, NY	24:49
2	Anderson, Lauren	W36 Altamont, NY	25:16
3	Tworek, Ashley	W35 League City, TX	26:53
4	Oakden, Maria	W36 Broadalbin, NY	27:00
5	Allen, Amanda	W36 Altamont, NY	28:50
6	Wagoner, Meredith	W38 Selkirk, NY	37:00
7	Hardymon, Meghann	W36 Berne, NY	38:28
8	Abraham, Ashley	W38 Berne, NY	38:30
9	Knaggs, Katie	W39 Altamont, NY	40:08
10	Sullivan, Mya	W37 Altamont, NY	44:03

### 40-44 Results

1	Bonitatibus, Corine	W42 Schenectady, NY	26:25
2	Bruno, Jessica	W42 Jacksonville, VT	30:41
3	Fanning, Molly	W42 East Berne, NY	30:56
4	Della Rocca, Nicole	W43 Athens, NY	31:03
5	Kish, Jennifer	W44 Albany, NY	31:42
6	Schel, Kristen	W44 Coblerskill, NY	32:06
7	Pris, Suzanne	W42 Altamont, NY	34:46
8	Panetta, Ann	W40 Unattached	35:53
9	Keating, Lisa	W40 Glenville, NY	47:27

10 Torgersen, Jennifer	W42 Albany, NY	48:57
45-49 Results		
1 Quilop Locke, Olie	W46 Whitehall, NY	26:58
2 Hull, Cathleen	W47 East Berne, NY	31:00
3 Jaskolka, Jennifer	W45 Ravena, NY	33:59
50-54 Results		
1 Callahan, Karin	W52 Guilderland, NY	25:31
2 Fairbairn, Gail	W52 Summit, NY	27:50
3 Comithier, Lara	W51 Greenville, NY	28:27
4 Sheehan, Colleen	W53 Cobleskill, NY	29:19
5 Yankowski, Catherine	W52 Schenectady, NY	29:46
6 Maloney, Jayne	W50 Delmar, NY	30:45
7 Gregory, Jenann	W50 Albany, NY	35:05
8 Renea, Tania	W51 Altamont, NY	35:25
9 June, Audry	W51 Coeymans, NY	35:38
10 Coryell, Barbara	W51 Ravena, NY	36:07
11 Capece, Denise	W50 Colonie, NY	39:59
55-59 Results		
1 Janack, Margo	W56 Glenville, NY	30:53
2 Dube, Cheryl	W59 Altamont, NY	31:21
3 Sheedan, Cathy	W58 Cohoes, NY	38:13
60-64 Results		
1 Meany, Kathleen	W62 Altamont, NY	25:08
2 Lustenhouwer, Donna	W64 Altamont, NY	28:59
3 Kaye, Marie	W63 Altamont, NY	29:03
4 Klim, Susan	W63 Altamont, NY	34:11
65-69 Results		
1 Ambrosio, Katherine	W68 Delmar, NY	29:28
2 Carpenter, Alice	W68 Delmar, NY	38:12
70-74 Results		
1 Johnston, Nancy	W72 Ballston Lake, NY	44:07
80-99 Results		
1 Gundlach, Eileen	W81 Howes Cave, NY	43:55

## Men

1-12 Results		
1 LoBalbo, Luciano	M12 Delanson, NY	30:16
2 Joslin Jr, Andrew	M12 Westerlo, NY	46:09
13-16 Results		
1 LeClair, Kolby	M16 Altamont, NY	18:51
2 Gardner, Brandon	M13 Oneonta, NY	19:44
3 Pris, Tom	M14 Altamont, NY	26:21
17-19 Results		
1 Carlsen, Zian	M19 South Cairo, NY	20:45
2 Briody, James	M18 Cairo, NY	28:07
20-24 Results		
1 Yankowski, Matthew	M22 Schenectady, NY	27:57
25-29 Results		

1	Yankowski, Christopher	M25	Schenectady, NY	26:24
30-34 Results				
1	O'Brien, Michael	M32	Delmar, NY	21:46
2	Mayer, Andrew	M32	Ghent, NY	24:46
3	Dashnaw, Jeffrey	M32	Hadley, NY	25:28
4	Wood, Randy	M34	Middleburgh, NY	26:24
5	Della Rocco, Tony	M34	Unattached	43:44
6	Kutil, Elliot	M32	Schenectady, NY	45:03
35-39 Results				
1	Major, Aaron	M39	Pattersonville, NY	17:39
40-44 Results				
1	Webster, Ray	M43	Altamont, NY	17:54
2	Pris, Andy	M42	Altamont, NY	18:55
3	Koenitzer, Erik	M41	Delanson, NY	19:07
4	McCann, Ryan	M43	Albany, NY	19:17
5	Gifford, Milo	M41	Gloversville, NY	22:55
6	Berger, Adam	M42	Troy, NY	23:12
7	Alan, Jeff	M41	Albany, NY	30:01
8	Zusman, Brian	M40	Altamont, NY	35:13
9	DiPierro, Josh	M43	Cherry Plain, NY	36:32
10	Ata, Ashar	M42	Cohoes, NY	38:19
45-49 Results				
1	Greenberg, Ben	M49	Slingerlands, NY	18:15
2	Kelsey, W Daniel	M46	Averill Park, NY	27:49
3	Gyurovits, Tim	M47	Voorheesville, NY	29:05
4	Prew, Richard	M48	Fultonville, NY	31:13
5	LoBalbo, Greg	M45	Delanson, NY	32:38
6	Baker, Kevin	M49	Glenmont, NY	39:01
7	Joslin, Andrew	M45	Westerlo, NY	46:09
50-54 Results				
1	Longhi, Gary	M54	Albany, NY	22:12
2	Denham, Dr Tom	M51	Delmar, NY	23:06
3	Weingarten, Bill	M53	Warnerville, NY	26:56
55-59 Results				
1	Pasquariello, Julius	M58	Rotterdam, NY	24:17
2	Janack, Steve	M55	Glenville, NY	26:18
3	Welch, Steven	M58	Slingerlands, NY	27:04
4	Fairbairn, Gary	M55	Summit, NY	27:14
5	Shore, Dan	M59	Rockale Falls, NY	38:23
60-64 Results				
1	Weilbaker, Jon	M60	Unattached	21:31
2	Miller, Donald	M63	Voorheesville, NY	25:00
3	Smith, Richard	M60	Charlton, NY	25:06
4	Tumidajewicz, Chester	M64	Amsterdam, NY	28:55
65-69 Results				
1	DiPierro, Leo	M68	Cherry Plain, NY	27:07
2	Reynolds, Rich	M67	Voorheesville, NY	28:43
3	Capuano, Thomas	M65	Altamont, NY	30:40
4	Roosa, Darwin	M68	Altamont, NY	31:31
5	Hein, Joseph	M68	Altamont, NY	36:43
6	Newell, John Jr	M65	Amsterdam, NY	37:29
7	Strobeck, Thomas	M69	Catskill, NY	41:29
8	Vavasour, John	M69	Albany, NY	41:58
70-74 Results				
1	Gles, Mike	M70	Voorheesville, NY	29:21

## 75-79 Results

1 Moore, Jim	M78 Niskayuna, NY	29:25
2 Hotaling, Jim	M78 Valatie, NY	33:35
3 Miller, Robert	M77 Preston Hollow, NY	37:59
4 Lee, Raymond	M76 Halfmoon, NY	

42:49

**Hilltown Triple Crown Final Totals**

Pl	Name	Sex/Age	City/State	Time	Points
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V5K + FC5K + A5K

## 1-12 Results - Women 5000 Run

1	Berger, Pamela	W11	Troy, NY	27:36	10 + 10 + 10 = 30
2	Fanning, Jane	W11	East Berne, NY	30:10	8 + 8 + 8 = 24

## 13-16 Results - Women 5000 Run

1 Skultety, Grace

W14 Delmar, NY 20:38 10 + 10 + 10 = 30

2	Puzulis, Michelle	W14	East Berne, NY	22:08	8 + 8 + 8 = 24
3	Pris, Lexi	W13	Altamont, NY	29:54	6 + 6 + 6 = 18
4	Simpson, Olivia	W15	Altamont, NY	33:50	4 + 4 + 4 = 12

## 17-19 Results - Women 5000 Run

**None**

## 20-29 Results - Women 5000 Run

1	Hilliard, Jordan	W28	Ravena, NY	25:29	10 + 10 + 10 = 30
2	Nemier, Anna	W26	Voorheesville, NY	30:02	8 + 8 + 8 = 24

## 30-39 Results - Women 5000 Run

1	Natalie, Christine	W32	Arlington, VT	23:44	10 + 10 + 10 = 30
3	Gifford, Katie	W37	Gloversville, NY	24:49	8 + 4 + 6 = 18
2	Chromczak, Jackie	W30	Rensselaer, NY	24:22	6 + 8 + 8 = 22
4	Anderson, Lauren	W36	Altamont, NY	25:16	4 + 6 + 4 = 14
x	Strock, Sarah	W36	Glenmont, NY	xx	3 + 0 + 0 = 3x
5	Oakden, Maria	W36	Broadalbin, NY	27:00	2 + 3 + 3 = 8
6	Hardymon, Meghann	W36	Berne, NY	38:28	1 + 2 + 2 = 5
x	Belmonte, Taylor	W34	Menands, NY	xx	0 + 0 + 0 = 0x
x	Connors, Amanda	W32	Voorheesville, NY	xx	0 + 0 + 0 = 0x

## 40-49 Results - Women 5000 Run

1	Quilop Locke, Olie	W46	Whitehall, NY	26:58	10 + 10 + 10 = 30
4	Hull, Cathleen	W47	East Berne, NY	31:00	8 + 2 + 4 = 14
5	Della Rocco, Nicole	W43	Athens, NY	31:03	6 + 4 + 3 = 13
2	Bruno, Jessica	W42	Jacksonville, VT	30:41	4 + 8 + 8 = 20
3	Fanning, Molly	W42	East Berne, NY	30:56	3 + 6 + 6 = 15
6	Jaskolka, Jennifer	W45	Ravena, NY	33:59	2 + 3 + 2 = 7
7	Pris, Suzanne	W42	Altamont, NY	34:46	1 + 0 + 1 = 2
x	Forbes, Michelle	W45	Niskayuna, NY		0 + 0 = 0 = 0x

## 50-59 Results - Women 5000 Run

1 Comithier, Lara	W51 Greenville, NY	28:27	10 + 10 + 10 = 30
2 Sheehan, Colleen	W53 Cobleskill, NY	29:19	8 + 8 + 8 = 24
3 Maloney, Jayne	W50 Delmar, NY	30:45	6 + 6 + 6 = 18
x Sims, Laurie	W59 Bremerton, WA	xx	4 + 0 + 0 = 4x
4 Gregory, Jenann	W50 Albany, NY	35:05	3 + 4 + 4 = 11
5 Coryell, Barbara	W51 Ravena, NY	36:07	2 + 3 + 3 = 8

## 60-69 Results - Women 5000 Run

1 Kaye, Marie	W63 Altamont, NY	29:03	10 + 10 + 10 = 30
x Laroche, Anne	W65 Venice, FL	xx	8 + 8 + 0 = 16x
2 Klim, Susan	W63 Altamont, NY	34:11	6 + 6 + 8 = 20
3 Carpenter, Alice	W68 Delmar, NY	38:12	4 + 4 + 6 = 14

## 70-79 Results - Women 5000 Run

1 Johnston, Nancy	W72 Ballston Lake, NY	44:07	10 + 10 + 10 = 30
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## 80+ Plus - Women 5000 Run

**None**

## 1-12 Results - Men 5000 Run

1 LoBalbo, Luciano	M12 Delanson, NY	30:16	10 + 10 + 10 = 30
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## 13-16 Results - Men 5000 Run

1 Gardner, Brandon	M13 Oneonta, NY	19:44	10 + 10 + 10 = 30
2 Pris, Tom	M14 Altamont, NY	26:21	8 + 0 + 8 = 16

## 17-19 Results - Men 5000 Run

1 Briody, James	M18 Cairo, NY	28:07	10 + 10 + 10 = 30
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## 20-29 Results - Men 5000 Run

1 Miedema, Chris	M27 Berne, NY	16:03	10 + 10 + 10 = 30
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## 30-39 Results - Men 5000 Run

1 Terry, Chuck	M36 Albany, NY	17:01	10 + 10 + 10 = 30
2 Major, Aaron	M39 Pattersonville, NY	17:39	8 + 8 + 8 = 24
3 Dashnaw, Jeffrey	M32 Hadley, NY	25:28	6 + 6 + 6 = 18
4 Wood, Randy	M34 Middleburgh, NY	26:24	4 + 4 + 4 = 12
5 Della Rocco, Tony	M34 Saratoga Springs, NY	43:44	3 + 3 + 3 = 9

## 40-49 Results - Men 5000 Run

1 Webster, Ray	M43 Altamont, NY	17:54	10 + 10 + 10 = 30
2 Pris, Andy	M42 Altamont, NY	18:55	8 + 8 + 8 = 24
3 McCann, Ryan	M43 Albany, NY	19:17	6 + 6 + 6 = 18
4 Gifford, Milo	M41 Gloversville, NY	22:55	4 + 3 + 4 = 11
x Rose, John	M43 Cobleskill, NY	xx	3 + 0 + 0 = 3x
6 Joslin, Andrew	M45 Westerlo, NY	46:09	2 + 2 + 1 = 5
5 Berger, Adam	M41 Troy, NY	23:12	1 + 4 + 3 = 8
7 Prew, Richard	M48 Fultonville, NY	31:13	1 + 1 + 2 = 4
8 LoBalbo, Greg	M45 Delanson, NY	32:38	1 + 1 + 1 = 3

## 50-59 Results - Men 5000 Run

x Newhouse, Joseph

M57 Saratoga Springs, NY xx 10 + 10 + 0 = 20x

## 60-69 Results - Men 5000 Run

1 Miller, Donald	M63 Voorheesville, NY	25:00	10 + 8 + 10 = 28
2 Smith, Richard	M60 Charlton, NY	25:06	8 + 10 + 8 = 26



3 Hein, Joseph	M68 Altamont, NY	36:43	6 + 6 + 6 = 18
4 Strobeck, Thomas	M69 Catskill, NY	41:29	4 + 4 + 4 = 12

70-79 Results - Men 5000 Run

1 Hotaling, Jim	M78 Valatie, NY	33:35	10 + 10 + 10 = 30
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80-99 Results - Men 5000 Run

x Kelly, Joe	M85 Menands, NY	xx	10 + 10 + 0 = 20x
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