

# Altamont 5K 2011

Altamont, NY

Aug. 27, 2011

## Runners

<u>Place</u>	<u>Age Place</u>	<u>Name</u>	<u>Age</u>	<u>Sex</u>	<u>City/State</u>	<u>Time</u>
1	OpM	Kevin Treadway	23	M	Guilderland, NY	16:14
2	OpM	Thomas O'Grady	26	M	Latham, NY	16:26
3	OpM	Aaron Knobloch	35	M	Guilderland, NY	16:50
4	1 M35	Todd Shatynski	35	M	Altamont, NY	17:03
5	1 M20	Michael Hamilton Jr	24	M	Oneonta, NY	17:08
6	1 M13	Derek Struck	16	M	Altamont, NY	17:21
7	1 M17	Sean Reynolds	17	M	Berne, NY	17:26
8	1 M25	Ryan Walter	27	M	Voorheesville, NY	17:35
9	2 M20	Jeff Goupil	24	M	Clifton Park, NY	17:55
10	2 M13	Joe Becker	16	M	Voorheesville, NY	18:00
11	1 M50	Vladimir Ilin	53	M	Albany, NY	18:06
12	3 M20	Richard Messineo	22	M	Nassau, NY	18:08
13	2 M17	Connor Devine	17	M	East Berne, NY	18:09
14	2 M35	David Tromp	36	M	Glenmont, NY	18:13
15	4 M20	Peter Lamb	24	M	Clifton Park, NY	18:16
16	1 M60	Bob Giambalvo	62	M	Delhi, NY	18:20
17	OpW	Courtney Tedeschi	16	F	Westerlo, NY	18:32
18	3 M35	Robert Irwin	38	M	Guilderland, NY	18:37
19	3 M17	David Vandervort	17	M	Voorheesville, NY	18:59
20	3 M13	Trey Coryell	16	M	Ravena, NY	19:04
21	1 M45	Gary Longhi	47	M	Climax, NY	19:19
22	1 M30	Oliver Rimes	33	M	Elka Park, NY	19:24
23	4 M35	Craig Nelson	36	M	Scotia, NY	19:36
24	2 M45	Brian Borden	47	M	Altamont, NY	19:40
25	3 M45	Jim LeBrou	45	M	Niskayuna, NY	19:43
26	OpW	Meghan Davey	26	F	Rotterdam, NY	19:46
27	2 M50	John Parisella	53	M	Schenectady, NY	19:52
28	3 M50	Thomas Locascio	53	M	Albany, NY	20:01
29	1 M40	Brian Dillenbeck	40	M	Alpaus, NY	20:06
30	5 M35	Bill Tindale	38	M	Altamont, NY	20:10
31	4 M17	Logan Flavell	17	M	Westerlo, NY	20:24
32	4 M13	Ian Alejandro	15	M		20:26
33	5 M17	Christian Viola	17	M	Altamont, NY	20:33
34	6 M17	Benjamin Becker	17	M	Berne, NY	20:37
35	1 M55	Steve Vnuk	55	M	Delmar, NY	20:40

36	OpW	Nina Armstrong	14	F	Lake Placid, NY	20:43
37	4 M45	Samuel Mercado	48	M	Wilton, NY	20:45
38	1 W40	Kimberly Miseno -Bowles	41	F	Amsterdam, NY	20:47
39	5 M13	Andrew Maloney	14	M	Voorheesville, NY	20:53
40	1 JrM	Noah Valvo	12	M	Delanson, NY	20:55
41	2 M30	Corbin Gosier	34	M	Schenectady, NY	21:02
42	4 M50	Julius Pasquariello	51	M	Schenectady, NY	21:11
43	5 M45	Brian Dollard	46	M	Voorheesville, NY	21:17
44	1 W13	Allie Tedeschi	14	F	Westerlo, NY	21:23
45	1 W20	Rebecca Moore	24	F		21:32
46	3 M30	Milton Oconnell	33	M	Pittsfield, NY	21:41
47	1 W45	Diane Pomeroy	45	F	Pittsfield, NY	21:46
48	5 M50	Jim Devine	51	M	East Berne, NY	21:50
49	6 M13	Dominic Woodmansee	15	M	Westerlo, NY	22:05
50	7 M17	Mark Dollard	17	M	Voorheesville, NY	22:11
51	6 M35	Vince Carsillo	38	M	Slingerlands, NY	22:12
52	2 M40	Matt Neal	42	M	Waterford, NY	22:17
53	1 W30	Courtney LaBarge	32	F	Cobleskill, NY	22:18
54	1 W17	Abby Swint	17	F	Berne, NY	22:19
55	6 M45	Ian Hutchinson	47	M	Scotia, NY	22:23
56	2 W40	Dana Peterson	40	F	Altamont, NY	22:30
57	3 W40	Penny Tisko	42	F	Altamont, NY	22:30
58	2 W30	Sandy Tasse	32	F	Ballston Spa, NY	22:37
59	2 W20	Erin Ring	23	F	Albany, NY	22:43
60	1 W35	Amy Pollard	37	F	Niskayuna, NY	22:43
61	6 M50	Rick Flaherty	51	M	Altamont, NY	22:45
62	2 M55	Dominic Coppolo	57	M	Cherry Valley, NY	22:49
63	1 JrW	Gabby Armstrong	12	F	Lake Placid, NY	23:01
64	7 M13	Sammy Greenfield	16	M	Ilion, NY	23:05
65	2 M25	Joel Patrie	27	M	Scotia, NY	23:09
66	7 M35	Daniel Roberts	39	M	Guilderland Center, NY	23:15
67	8 M13	Kyle Sanford	16	M	Altamont, NY	23:17
68	3 M40	Ray Lauenstein	42	M	Delmar, NY	23:20
69	3 M55	Chester Tumidajewicz	57	M	Amsterdam, NY	23:21
70	3 W30	Sara O'Grady	30	F	Latham, NY	23:25
71	4 W40	Kristin LeBrou	40	F	Niskayuna, NY	23:28
72	8 M17	John McArdle	19	M	Delanson, NY	23:35
73	2 W13	Veronika Mazur	15	F	Guilderland, NY	23:35
74	4 W30	Erin Murphy	31	F	Albany, NY	23:38
75	4 M30	Kevin Jones	32	M		23:55
76	9 M13	Lukus Becker	14	M	Berne, NY	23:57
77	10 M13	Joshua Shafer	15	M	Guilderland, NY	24:10
78	3 W13	Amanda Coppolo	16	F	Schenectady, NY	24:10
79	8 M35	Andy Joslin	38	M	Westerlo, NY	24:15
80	4 M55	Jim Wolford	56	M	Gallupville, NY	24:16
81	2 W35	Catherine Smitas	35	F	Schenectady, NY	24:17
82	2 JrM	Noah Tindale	10	M	Altamont, NY	24:19

83	11 M13	Kyle Anderson	14	M	Berne, NY	24:22
84	1 M70	Jim Moore	71	M	Niskayuna, NY	24:23
85	5 W40	Maria Tedeschi	40	F	Westerlo, NY	24:27
86	5 W30	Beth Whitney	32	F	Altamont, NY	24:31
87	7 M50	Richard Kelly	54	M	Schenectady, NY	24:46
88	5 M30	Steve Aldi	32	M	Burnt Hills, NY	24:50
89	3 W35	Kristin Knauf	39	F	Altamont, NY	24:55
90	5 M55	John Scott	56	M	Albany, NY	25:02
91	12 M13	Ali Gohlke-Schermer	15	M	Guilderland, NY	25:14
92	8 M50	Drew McArdle	50	M	Delanson, NY	25:19
93	2 M60	Stephen Chenette	61	M	East Greenbush, NY	25:21
94	6 W40	Allison Lauenstein	44	F	Delmar, NY	25:26
95	4 W35	Yassir Soffan	36	F	Albany, NY	25:32
96	5 W35	Alison Conaway	37	F	Albany, NY	25:35
97	6 M55	Alan Leake	59	M	Bennington, VT	25:38
98	1 W25	Jenna Pearson	26	F	Schenectady, NY	25:41
99	4 W13	Aleesha LeRuzic	13	F	Schoharie, NY	25:42
100	1 W50	Jennifer Ring	53	F	Delmar, NY	25:55
101	9 M50	Jerry Pittz	51	M	Delmar, NY	25:56
102	13 M13	Aaron Valvo	16	M	Delanson, NY	25:58
103	7 M55	Fred Woodworth	57	M	Ballston Spa, NY	26:01
104	1 M65	Thomas Miller	67	M	Altamont, NY	26:09
105	2 W50	Donna Charlebois	53	F	East Berne, NY	26:11
106	2 W45	Eileen Borden	48	F	Altamont, NY	26:12
107	1 W60	Carole Bieber	60	F	Slingerlands, NY	26:13
108	8 M55	Michael Maguire	56	M	Ballston Lake, NY	26:20
109	6 M30	Jonathan Marshall	32	M	Schenectady, NY	26:22
110	2 W60	Katherine Ambrosio	61	F	Delmar, NY	26:28
111	2 W17	Kelsey Michele	17	F	Albany, NY	26:29
112	1 W55	Vicky Bastian	55	F	Voorheesville, NY	26:30
113	5 W13	Emily Gersowitz	14	F	Slingerlands, NY	26:31
114	6 W13	Nicole Sherwin	13	F	Altamont, NY	26:32
115	3 M60	Darwin Roosa	61	M	Altamont, NY	26:43
116	7 W40	Cindy Shafer	41	F	Guilderland, NY	26:46
117	7 W13	Christine Myers	13	F	Altamont, NY	26:47
118	2 W25	Megan Svoboda	25	F	Voorheesville, NY	26:48
119	14 M13	Joseph Staubach	14	M	Westerlo, NY	26:50
120	10 M50	Michael Hamilton	53	M	Oneonta, NY	26:51
121	6 W35	Jennifer Hebner	36	F	Delmar, NY	26:57
122	4 M60	Ron Boutin	61	M	Albany, NY	27:01
123	8 W40	Sheila Gillespie	43	F	Howes Cave, NY	27:04
124	3 W25	Keri Vanderwarker	25	F	Altamont, NY	27:05
125	7 M30	Tylor Stevens	31	M	Rotterdam, NY	27:05
126	3 W17	Marisa DiMarzio	17	F	Guilderland, NY	27:10
127	9 W40	Kim Donohue	43	F	Schenectady, NY	27:12
128	8 W13	Isabella Sericolo	13	F		27:13
129	9 W13	Brianna Phillips	16	F	Schenectady, NY	27:13

130	10 W13	Julia Sanford	14	F	Altamont, NY	27:17
131	3 W50	Stephanie Pohl	50	F	Atlanta, GA	27:34
132	3 W45	Elisabeth Gundlach	49	F	Schenectady, NY	27:35
133	10 W40	Lori Higgins	41	F		27:42
134	8 M30	James Decrescerze	32	M	Albany, NY	27:43
135	11 M50	Shayn Armstrong	50	M	Lake Placid, NY	27:45
136	9 M55	Terry Reed	55	M	Altamont, NY	27:48
137	4 W45	Carolyn Slovie-Sterthous	46	F	Scotia, NY	27:48
138	12 M50	Michael Sterthous	50	M	Scotia, NY	27:49
139	11 W13	Alexandra Coppinger	13	F		27:51
140	12 W13	Samantha Flavell	14	F	Westerlo, NY	27:54
141	3 W20	Shamcia Razai	24	F	Altamont, NY	27:57
142	6 W30	Kristin Zielinski	31	F	Altamont, NY	28:00
143	4 W17	Kristen Bassler	17	F	Knox, NY	28:07
144	9 M35	Jeremy Kergel	36	M		28:09
145	7 W35	Marci Keppler	35	F	Altamont, NY	28:15
146	4 W25	Laura Rickard	28	F	Loudonville, NY	28:20
147	2 JrW	Marieana Von Haugg	11	F	Altamont, NY	28:21
148	11 W40	Sue Von Haugg	44	F	Altamont, NY	28:21
149	10 M55	Daniel Depeaux	57	M	East Berne, NY	28:25
150	4 W20	Andrea Weinberg	20	F	Schenectady, NY	28:35
151	5 W17	Abigail Weingarten	17	F	Warnerville, NY	28:35
152	13 W13	Anita Rice	13	F	Voorheesville, NY	28:41
153	14 W13	Nadine LaFreniere	15	F	Schenectady, NY	28:42
154	15 M13	Marc duMoulin	15	M	Altamont, NY	28:43
155	15 W13	Katie Espinola	15	F	Guilderland, NY	28:43
156	5 W20	Farrah Peruzzi	24	F	Averill Park, NY	28:49
157	16 W13	Shannon Quay	14	F	Knox, NY	28:55
158	17 W13	Angela Cunningham	16	F	East Berne, NY	28:56
159	18 W13	Emilee Stevens	14	F	Altamont, NY	28:58
160	12 W40	Kay Peavey	44	F	Voorheesville, NY	29:00
161	5 W25	Melissa Faustel	27	F	Voorheesville, NY	29:01
162	6 W20	Katelyn Kwoka	20	F	Mystic, CT	29:08
163	7 W30	Monica Kergel	34	F	Altamont, NY	29:10
164	6 W25	Alyssa Dabravalskas	26	F	Duanesburg, NY	29:11
165	2 M70	Bob Knouse	71	M	Voorheesville, NY	29:11
166	7 W25	Alicia Laskoski	27	F	Latham, NY	29:17
167	1 M75	Dick Green	76	M	East Chatham, NY	29:18
168	5 W45	Sharon Wood	49	F	Altamont, NY	29:21
169	2 W55	Susan Klim	56	F	Altamont, NY	29:22
170	13 W40	Chieko Vititow	44	F	Altamont, NY	29:25
171	3 JrM	Kyle Donohue	11	M	Schenectady, NY	29:26
172	8 W35	Joanie Tietjen	37	F	Schenectady, NY	29:27
173	4 JrM	Mike Friguletto	11	M	Schenectady, NY	29:28
174	14 W40	Kathleen Tersigni	40	F	Burnt Hills, NY	29:33
175	13 M50	Steve Obermayer	50	M	Ballston Spa, NY	29:38
176	8 W30	Georgia Zyryi	31	F	Hudson, NY	29:41

177	19 W13	Hailey Marini	15	F	Slingerlands, NY	29:42
178	15 W40	Vivian Greenfield	43	F	Ilion, NY	29:47
179	20 W13	Katie Gnirrep	15	F	Guiderland, NY	29:50
180	6 W17	Megan Myers	17	F	Schenectady, NY	29:52
181	21 W13	Taylor Tyksinski	16	F	Guiderland, NY	29:54
182	8 W25	Kathryn Sargent	29	F	Albany, NY	29:54
183	7 M45	Jim Oppelt	46	M	Altamont, NY	29:59
184	16 W40	Anne Sager	43	F	Bethlehem, NY	30:01
185	3 W55	Mary Ann Jones	56	F	Altamont, NY	30:11
186	7 W20	Jenna Smith	23	F	Cohoes, NY	30:12
187	3 JrW	Courtney Rafferty	11	F	Altamont, NY	30:15
188	7 W17	Cydney Betton	17	F	Guiderland, NY	30:15
189	9 W35	Lori Rafferty	39	F	Altamont, NY	30:16
190	11 M55	George Adams	58	M	Guiderland, NY	30:23
191	17 W40	Joan Hampel	43	F	Cobleskill, NY	30:26
192	14 M50	David Michela	54	M	Schenectady, NY	30:32
193	15 M50	Jeff Tedesco	50	M	Altamont, NY	30:33
194	6 W45	Liz Weingarten	46	F	Warnerville, NY	30:33
195	4 W50	Deanna Dugan	54	F	Middleburgh, NY	30:50
196	10 W35	Daniella Alejandro	38	F		31:02
197	5 W50	Sue Weinberg	50	F	Schenectady, NY	31:10
198	6 W50	LindaAnn Tedesco	51	F	Rotterdam, NY	31:12
199	7 W50	Cheryl Dube	52	F	Altamont, NY	31:42
200	9 W25	Jessica Waterstram	26	F	Ballston Lake, NY	31:43
201	4 M40	Rich Smith	44	M	Delmar, NY	31:47
202	9 M30	James Brann	34	M	Ballston Spa, NY	31:54
203	8 W20	Katelyn Kelly	20	F	Troy, NY	31:56
204	2 M75	Joe Kelly	78	M	Menands, NY	32:00
205	16 M50	Michael Hall	54	M	Guiderland, NY	32:01
206	22 W13	Jordan Kinnally	15	F	Guiderland, NY	32:14
207	23 W13	Meaghan Brennan	16	F	Guiderland, NY	32:19
208	11 W35	Bonnie Smith	39	F	Hudson, NY	32:21
209	7 W45	Laurie Pelletier	48	F	Schenectady, NY	32:26
210	12 W35	Donna Leonard	35	F	Niskayuna, NY	32:27
211	8 W17	Sam Hydery	17	F	Slingerlands, NY	32:42
212	17 M50	William Groves	52	M	Gilboa, NY	32:52
213	1 W65	Nancy Johnston	65	F	Ballston Lake, NY	33:05
214	13 W35	Heidi DePiero	37	F	Rotterdam, NY	33:10
215	14 W35	Cynthia Pucci	39	F	Voorheesville, NY	33:14
216	16 M13	James June	16	M	Coeymans, NY	33:18
217	2 W65	Linda Keeley	65	F	Waterford, NY	33:29
218	9 W30	Edith Crosby	34	F		33:30
219	3 M75	Charles Bishop	75	M	Schenectady, NY	33:48
220	5 M60	Greg Taylor	64	M	Delmar, NY	33:49
221	9 W20	Ashley Weingarten	20	F	Warnerville, NY	34:11
222	24 W13	Mary Jean Mulligan	15	F	Guiderland Center, NY	34:15
223	25 W13	Carrie Rose Mulligan	13	F	Guiderland Center, NY	34:15

224	10 M35	Jarrod Staubach	37	M	Westerlo, NY	34:23
225	8 W50	Michele Freeman	51	F	Schenectady, NY	34:32
226	3 W60	Alice Carpenter	61	F	Delmar, NY	34:34
227	12 M55	Colin Pearson	57	M	Darlington, UK	35:06
228	3 M25	Darren Pearson	25	M	Schenectady, NY	35:07
229	15 W35	Michelle Lisboa	37	F	Voorheesville, NY	35:08
230	9 W50	Kim Oppelt	54	F	Altamont, NY	35:10
231	5 JrM	Casey Groves	12	M	Gilboa, NY	35:14
232	4 M75	Richard Eckhardt	77	M	Albany, NY	35:32
233	13 M55	Tim Butler	59	M	Delmar, NY	35:36
234	16 W35	Julie Staubach	39	F	Westerlo, NY	36:16
235	5 M75	Richard Gundlach	79	M	Howes Cave, NY	36:53
236	17 W35	Renee Sherwin	39	F	Altamont, NY	37:33
237	10 W30	Sheryl Brown	31	F	Watervliet, NY	37:36
238	8 W45	Sara Chauvot	47	F	Rensselaer, NY	37:37
239	11 M35	Dan Stevens	35	M	Schoharie, NY	37:38
240	11 W30	Laura Stevens	34	F	Schoharie, NY	37:39
241	26 W13	Rebecca Nelson	14	F	Guilderland Center, NY	37:40
242	27 W13	Nicole Salatel	14	F	Guilderland, NY	37:40
243	9 W45	Susan Murphy	45	F	Altamont, NY	38:26
244	1 M80	Ken Orner	81	M	Albany, NY	39:30
245	10 W20	Ashley Moore	20	F	Delmar, NY	40:19
246	6 M75	Donald McBain	78	M	Troy, NY	40:41
247	18 W35	Melanie Shader	36	F	Cohoes, NY	40:51
248	1 W70	Betty Langevin	71	F	Cohoes, NY	42:53
249	10 W45	Liz Rotundo	46	F	Albany, NY	43:20
250	2 W70	Joan Rasmussen	70	F	Schenectady, NY	43:25
251	10 W50	Stephanie Duell	50	F	Schenectady, NY	43:58
252	3 W70	Gerri Moore	74	F	Niskayuna, NY	44:09
253	4 W60	Ingrid Schubert	63	F	Albany, NY	44:39
254	6 JrM	Aaron June	12	M	Coeymans, NY	48:17
255	18 W40	Barbara Coryell	44	F	Ravena, NY	48:20
256	28 W13	Ann Coryell	13	F	Ravena, NY	48:20
257	19 W40	Audry June	44	F	Coeymans, NY	48:22
258	18 M50	John Mazur	51	M	Guilderland, NY	51:19
259	29 W13	Melissa Butler	15	F	Altamont, NY	51:51
260	30 W13	Elizabeth Schumacher	14	F	Guilderland, NY	51:51
261	2 M80	Kenneth Clikeman	80	M	Altamont, NY	56:12
262	12 W30	Karen Britt	34	F		63:04
263	10 W25	Pamela Hunt	28	F	Schenectady, NY	63:09

## Walkers

<u>Place</u>	<u>Gender</u> <u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Sex</u>	<u>City/State</u>	<u>Time</u>
1	1	Pete Wells	63	M	Ulster Park, NY	34:36

2	1	Patty Aldrich	58	F	East Berne, NY	36:25
3	2	Marie O'Brien	53	F	Altamont, NY	38:06
4	3	Gail Hein	59	F	Altamont, NY	43:37
5	4	Barbara Tedesco	50	F	Altamont, NY	44:21
6	2	Steve Parachini	61	M		44:28
7	5	Margie Pyne	61	F	Winchester Center,CT	44:51
8	3	Ed Johnston	68	M	Ballston Lake, NY	44:52
9	4	El-Nah. Vincent-Parsons	13	M	Altamont, NY	47:12
10		Alyssa Dunn	20	F	Guilderland Center, NY	47:22
11		Patricia Fuller	?	F	Schenectady, NY	48:37
12		Tania Tinley	44	F	Altamont, NY	48:50
13		Linda Botimer	62	F	Schenectady, NY	49:55
14		Reva Kinnally	44	F	Guilderland, NY	50:46
15		Donna Michele	50	F	Guilderland, NY	50:46
16		Kara Schumacher	48	F	Slingerlands, NY	50:47
17	5	Thomas Person	63	M	Altamont, NY	51:20
18		Marion Baseel	53	F	Guilderland, NY	53:10
19		Jeffrey Baseel	56	M	Guilderland, NY	53:12
20		Tara Stevens	38	F	Knox, NY	54:48
21		Jessica McDonald	26	F	Schenectady, NY	55:10
22		Brian McDonald	29	M	Schenectady, NY	55:11
23		Travis Stevens	36	M	Knox, NY	55:17
24		Michael Puspurs	28	M	Schenectady, NY	55:18
25		Rebecca Castillo	27	F	Schenectady, NY	56:28

## **Age Group Awards**

<b><u>Open Men</u></b>	<b><u>Name</u></b>	<b><u>Age</u></b>	<b><u>Sex</u></b>	<b><u>City/State</u></b>	<b><u>Time</u></b>
1	Kevin Treadway	23	M	Guilderland, NY	16:14
2	Thomas O'Grady	26	M	Latham, NY	16:26
3	Aaron Knobloch	35	M	Guilderland, NY	16:50

<b><u>Open Women</u></b>	<b><u>Name</u></b>	<b><u>Age</u></b>	<b><u>Sex</u></b>	<b><u>City/State</u></b>	<b><u>Time</u></b>
1	Courtney Tedeschi	16	F	Westerlo, NY	18:32
2	Meghan Davey	26	F	Rotterdam, NY	19:46
3	Nina Armstrong	14	F	Lake Placid, NY	20:43

<b><u>Men Under 13</u></b>	<b><u>Name</u></b>	<b><u>Age</u></b>	<b><u>Sex</u></b>	<b><u>City/State</u></b>	<b><u>Time</u></b>
1	Noah Valvo	12	M	Delanson, NY	20:55
2	Noah Tindale	10	M	Altamont, NY	24:19
3	Kyle Donohue	11	M	Schenectady, NY	29:26

**Men 13 - 16**

1	Derek Struck	16	M	Altamont, NY	17:21
2	Joe Becker	16	M	Voorheesville, NY	18:00
3	Trey Coryell	16	M	Ravena, NY	19:04

**Men 17 - 19**

1	Sean Reynolds	17	M	Berne, NY	17:26
2	Connor Devine	17	M	East Berne, NY	18:09
3	David Vandervort	17	M	Voorheesville, NY	18:59

**Men 20 - 24**

1	Michael Hamilton Jr	24	M	Oneonta, NY	17:08
2	Jeff Goupil	24	M	Clifton Park, NY	17:55
3	Richard Messineo	22	M	Nassau, NY	18:08

**Men 25 - 29**

1	Ryan Walter	27	M	Voorheesville, NY	17:35
2	Joel Patrie	27	M	Scotia, NY	23:09
3	Darren Pearson	25	M	Schenectady, NY	35:07

**Men 30 - 34**

1	Oliver Rimes	33	M	Elka Park, NY	19:24
2	Corbin Gosier	34	M	Schenectady, NY	21:02
3	Milton O'Connell	33	M	Pittsfield, MA	21:41

**Men 35 - 39**

1	Todd Shatynski	35	M	Altamont, NY	17:03
2	David Tromp	36	M	Glenmont, NY	18:13
3	Robert Irwin	38	M	Guilderland, NY	18:37

**Men 40 - 44**

1	Brian Dillenbeck	40	M	Alpau, NY	20:06
2	Matt Neal	42	M	Waterford, NY	22:17
3	Ray Lauenstein	42	M	Delmar, NY	23:20

**Men 45 - 49**

1	Gary Longhi	47	M	Climax, NY	19:19
2	Brian Borden	47	M	Altamont, NY	19:40
3	Jim LeBrou	45	M	Niskayuna, NY	19:43

**Men 50 - 54**

1	Vladimir Ilin	53	M	Albany, NY	18:06
2	John Parisella	53	M	Schenectady, NY	19:52
3	Thomas Locascio	53	M	Albany, NY	20:01

**Men 55 - 59**

1	Steve Vnuk	55	M	Delmar, NY	20:40
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2	Dominic Coppolo	57	M	Cherry Valley, NY	22:49
3	Chester Tumidajewicz	57	M	Amsterdam, NY	23:21

**Men 60 - 64**

1	Bob Giambalvo	62	M	Delhi, NY	18:20
2	Stephen Chenette	61	M	East Greenbush, NY	25:21
3	Darwin Roosa	61	M	Altamont, NY	26:43

**Men 65 - 69**

1	Thomas Miller	67	M	Altamont, NY	26:09
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**Men 70 - 74**

1	Jim Moore	71	M	Niskayuna, NY	24:23
2	Bob Knouse	71	M	Voorheesville, NY	29:11

**Men 75 - 79**

1	Dick Green	76	M	East Chatham, NY	29:18
2	Joe Kelly	78	M	Menands, NY	32:00
3	Charles Bishop	75	M	Schenectady, NY	33:48

**Men 80 & Up**

1	Ken Orner	81	M	Albany, NY	39:30
2	Kenneth Clikeman	80	M	Altamont, NY	56:12

**Women Under 13**

1	Gabby Armstrong	12	F	Lake Placid, NY	23:01
2	Marieana Von Haugg	11	F	Altamont, NY	28:21
3	Courtney Rafferty	11	F	Altamont, NY	30:15

**Women 13 - 16**

1	Allie Tedeschi	14	F	Westerlo, NY	21:23
2	Veronika Mazur	15	F	Guilderland, NY	23:35
3	Amanda Coppolo	16	F	Schenectady, NY	24:10

**Women 17 - 19**

1	Abby Swint	17	F	Berne, NY	22:19
2	Kelsey Michele	17	F	Albany, NY	26:29
3	Marisa DiMarzio	17	F	Guilderland, NY	27:10

**Women 20 - 24**

1	Rebecca Moore	24	F		21:32
2	Erin Ring	23	F	Albany, NY	22:43
3	Shamcia Razai	24	F	Altamont, NY	27:57

**Women 25 - 29**

1	Jenna Pearson	26	F	Schenectady, NY	25:41
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2	Megan Svoboda	25	F	Voorheesville, NY	26:48
3	Keri Vanderwarker	25	F	Altamont, NY	27:05

**Women 30 - 34**

1	Courtney LaBarge	32	F	Cobleskill, NY	22:18
2	Sandy Tasse	32	F	Ballston Spa, NY	22:37
3	Sara O'Grady	30	F	Latham, NY	23:25

**Women 35 - 39**

1	Amy Pollard	37	F	Niskayuna, NY	22:43
2	Catherine Smitas	35	F	Schenectady, NY	24:17
3	Kristin Knauf	39	F	Altamont, NY	24:55

**Women 40 - 44**

1	Kimberly Miseno - Bowles	41	F	Amsterdam, NY	20:47
2	Dana Peterson	40	F	Altamont, NY	22:30
3	Penny Tisko	42	F	Altamont, NY	22:30

**Women 45 - 49**

1	Diane Pomeroy	45	F	Pittsfield, MA	21:46
2	Eileen Borden	48	F	Altamont, NY	26:12
3	Elisabeth Gundlach	49	F	Schenectady, NY	27:35

**Women 50 - 54**

1	Jennifer Ring	53	F	Delmar, NY	25:55
2	Donna Charlebois	53	F	East Berne, NY	26:11
3	Stephanie Pohl	50	F	Atlanta, GA	27:34

**Women 55 - 59**

1	Vicky Bastian	55	F	Voorheesville, NY	26:30
2	Susan Klim	56	F	Altamont, NY	29:22
3	Mary Ann Jones	56	F	Altamont, NY	30:11

**Women 60 - 64**

1	Carole Bieber	60	F	Slingerlands, NY	26:13
2	Katherine Ambrosio	61	F	Delmar, NY	26:28
3	Alice Carpenter	61	F	Delmar, NY	34:34

**Women 65 - 69**

1	Nancy Johnston	65	F	Ballston Lake, NY	33:05
2	Linda Keeley	65	F	Waterford, NY	33:29

**Women 70 - 74**

1	Betty Langevin	71	F	Cohoes, NY	42:53
2	Joan Rasmussen	70	F	Schenectady, NY	43:25
3	Gerri Moore	74	F	Niskayuna, NY	44:09